

Orari EnjoyFit							
	Lun	Mar	Mer	Gio	Ven	Sab	
07:00							
08:00	08:00 – 10:00 OPEN BOX	08:00 – 13:00 OPEN BOX	08:00 – 10:00 OPEN BOX	08:00 – 13:00 OPEN BOX	08:00 – 10:00 OPEN BOX	08:00 – 10:00 OPEN BOX	
09:00							
10:00	10:00 – 11:00 Iron G.A.G.		10:00 – 11:00 Iron G.A.G.		10:00 – 11:00 Iron G.A.G.	10:00 – 11:00 Iron G.A.G.	
11:00	11:00 – 12:30 OPEN BOX		11:00 – 12:30 OPEN BOX		11:00 – 12:30 OPEN BOX	11:00 – 12:30 OPEN BOX	11:00 – 12:00 Endurance
12:00							
13:00							
14:00	14:30 – 18:00 OPEN BOX	15:00 – 18:00 OPEN BOX	14:30 – 18:00 OPEN BOX	15:00 – 18:00 OPEN BOX	14:30 – 18:00 OPEN BOX		
15:00							
16:00							
17:00							
18:00	18-19 Iron G.A.G.	18-19 Endurance	18-19 Iron G.A.G.	18-19 Endurance	18:00 – 19:00 Iron G.A.G.		
	18-19 Pilates	18-19 Body Shape	18-19 Pilates	18-19 Body Shape			
19:00	19:00 – 20:00 Flexibility		19:00 – 20:00 Flexibility		19:00 – 20:00 Flexibility		
20:00	20:00 – 21:00 Body Shape	20:00 – 21:00 Pilates	20:00 – 21:00 Body Shape	20:00 – 21:00 Pilates	20:00 – 21:00 Body Shape		
21:00							
22:00							

